

PuzzlesnPix

Leisure time puzzles, colouring pictures and journals for all ages. Enjoy your leisure time, relax, reduce anxiety and let kids improve their fine muscle skills.

Puzzles keep your brain active. Colouring allows you to focus and relax, reducing anxiety. For children, colouring enables them to master fine muscle movements.

Newsletter 3 - Summer

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Outdoor Games for Sunny Summer Days

Embracing the Bliss of a Balmy Summer's Day

There's something magical about summer days. Parks are filled with families picnicking, children chasing butterflies and couples strolling hand in hand.

Sometimes, though, it's useful to have outdoor games to play to keep the kids or ourselves occupied or to use up energy or just to spontaneously enjoy a beautiful summery day. Boules and beach balls don't always suit everyone, so check out these outdoor games:

Stick and Leaf Tic-Tac-Toe

Objective: Be the first to get three in a row.

Materials: Sticks to create a grid, and leaves or small stones for markers.

Rules: Create a 3x3 grid with sticks. Players use leaves and stones as their markers and take turns placing them in the grid.

Nature Scavenger Hunt

Objective: Find all items on a list within a set time.

Materials: Pre-made list of natural items (e.g., a pinecone, a red leaf, a smooth stone).

Rules: Set a timer and see who can find the most items from the list within the time limit.

Make the most of the sunshine, the gentle breezes, and the endless opportunities for joy and relaxation. After all, summer is fleeting, but the memories we create can last a lifetime.

More Outdoor Games

IRock Painting and Storytelling

Objective: Paint rocks and use them to tell a story.

Materials: Smooth stones, natural dyes, or charcoal.

Rules: Paint or draw symbols on the rocks. Use the painted rocks to create and tell a story around the campfire.

Leaf Relay Race

Objective: Be the fastest to complete the race without dropping the leaf.

Materials: Large leaves.

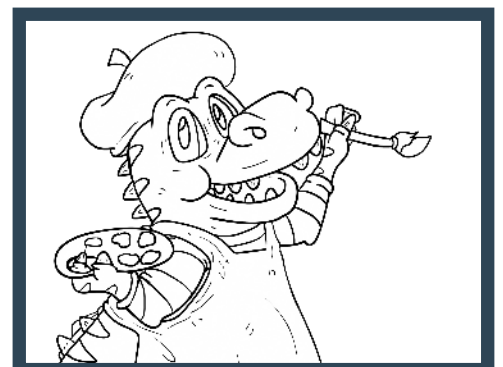
Rules: Place a leaf on the back of your hand and race to the finish line without letting the leaf fall.

Nature's Bowling

Objective: Knock down all the "pins" using a stone.

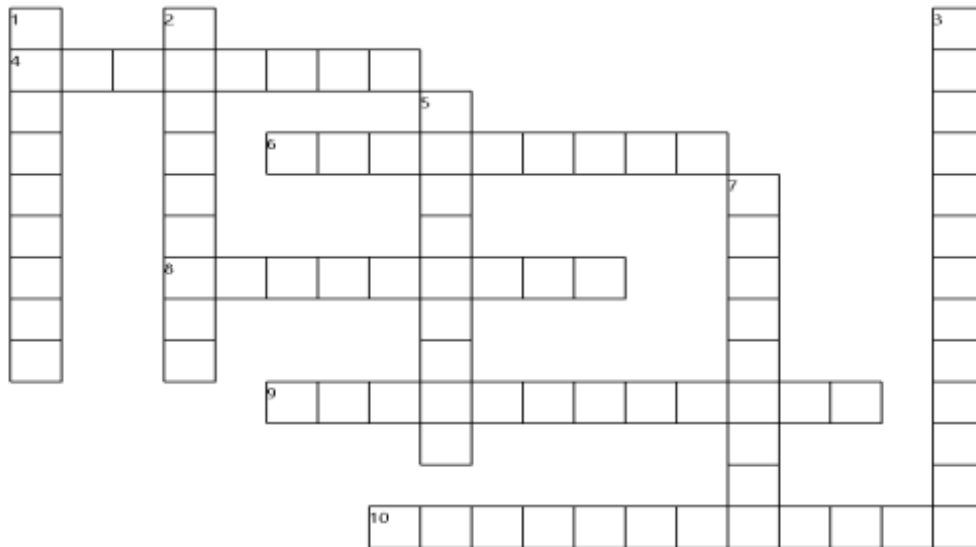
Materials: Small stones for pins, a larger stone for the ball.

Rules: Set up small stones as pins in a triangular formation. Take turns rolling the larger stone to knock them down.



Crossword Puzzle

Using the Across and Down clues, write the correct words in the numbered grid below.



ACROSS

4. To expose to peril
6. To take no notice of
8. Not connected with what precedes
9. The act of turning or directing inward physically or mentally
10. A fossil reptile

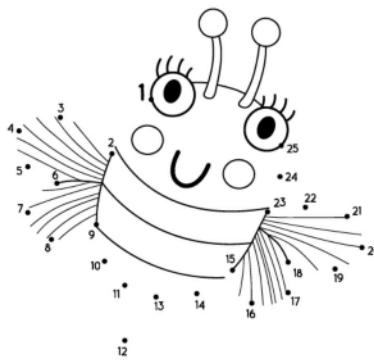
DOWN

1. Feeling expressive of or full of regret
2. A charge for a firearm or for blasting
3. The branch of mechanics that treats of the dynamics of fluids
5. Fixed or done capriciously
7. Evincing skill originality or cleverness as in contrivance or arrangement

- A. ingenious
- D. disregard
- G. introversion
- J. endanger

- B. arbitrary
- E. cartridge
- H. ichthyosaurs

- C. regretful
- F. desultory
- I. hydrodynamics



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Facebook Group UK

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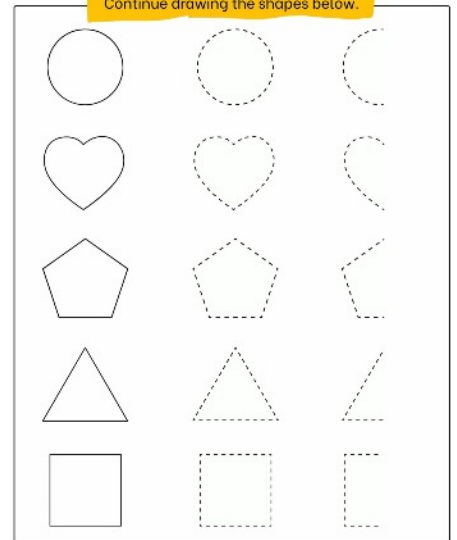


Knock, knock.
Who's there?
Lettuce
Lettuce who?
Lettuce in, it's cold out here!

Knock
Knock
Joke

Draw the shapes

Continue drawing the shapes below.



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