# PuzzlesnPix

Leisure time puzzles, colouring pictures and journals for all ages. Enjoy your leisure time, relax, reduce anxiety and let kids improve their fine muscle skills.

Puzzles keep your brain active. Colouring allows you to focus and relax, reducing anxiety. For children, colouring enables them to master fine muscle movements.

### Newsletter 4 - Summer Rainy Day

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#### Rainy Day - Activities

A rainy summer day in a town or city offers plenty of opportunities for fun and entertainment.

Visit Museums, Historic Buildings or Art Galleries. Is there an Aquarium or Indoor Zoo? If you want some exercise but not to get wet, try an Indoor Sports Center or go bowling, indoor rock climbing, or ice skating. Does the city have an Escape Room? Great fun for families or groups, test your problem-solving skills and teamwork in an escape room. If you want something quieter, look for a cafe, a bookstore or a library and relax with a book.

Try a theater, a concert, live music performances, or comedy shows. There may be cooking or art classes available. Look for local workshops or seminars that interest you. Visit a Local University or College: Attend a lecture or visit the campus museum. Pamper yourself with a spa day. Get a massage, facial, or enjoy a sauna.

#### **Explore The City**

Take a ride on public transport to explore different parts of the city you might not usually visit. Explore indoor markets for unique finds and street food.



#### At Home

Host a game day with friends or family. Board games and card games are perfect for indoor fun.

Have a picnic indoors. Spread a blanket on the floor, prepare some snacks, and enjoy!

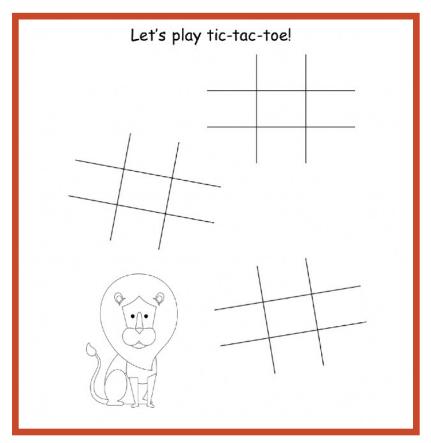
Watch a series of movies or binge-watch a new TV series.

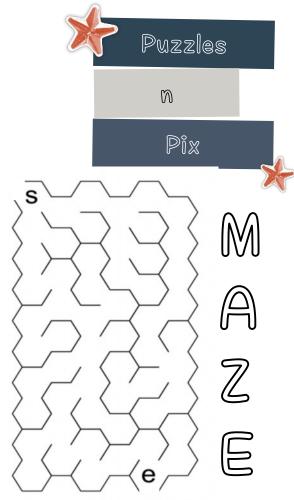
Get creative with some DIY craft projects. There are plenty of ideas online for all ages.

Cook or Bake Together: Try out new recipes or bake cookies and cakes together.

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Noughts and Crosses, is a 3x3 grid. two-player game.

The aim is to be the first with X usually goes first. player to get three of your symbols (either X or O) in a Starting the Game: vertically, or diagonally.

There are two players: one Players take turns. uses X and the other uses On each turn, a player a row, the game ends in a

Tic Tac Toe, also known as O. The game is played on a O) in an empty square on

Decide who will be X and who will be O. The player A player wins by placing

either horizontally, One player is chosen to go vertical, or diagonal. first (usually X).

places their symbol (X or draw.

the grid.

three of their symbols in a row.

The row can be horizontal.

Draw:

If all nine squares are filled and no player has three in

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You can find colouring and puzzle books by Meg Learner in the UK here.

You can find coloring and puzzle books by Meg learner in the US here.

Similar pictures to the one above can be found in Meg Learner's book Mythology Fantasy and Matryoshka in the US and in Mythology Fantasy and Matryoshka in the UK.

#### Facebook Group USA

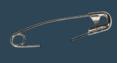
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#### Facebook Group UK

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## **PuzzlesnPix**



Check out <a href="https://www.coloringdiary.com">www.coloringdiary.com</a> for articles and freebies for puzzles and pix

Whether you are on a road trip, in a plane, camping or at home, you can play I Spy. Change the letters out for colours for anyone who does not read, or for pictures of common items in the place you will be playing.



Find something that starts with each letter of the alphabet

A	В
С	D
E	F
G	Н
I	J
K	L
M	N
0	P
Q	R
S	Т
U	V
W	X
Y	z

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